

School District No.22 Academies and Specialized Programs enhance the curriculum. Students are motivated to strengthen their skills and improve their abilities in programs that are offered both by the district and in partnership with community organizations. Participating students will receive specialized instruction and learning opportunities that increase student engagement and success.



ACADEMIES/SPECIALIZED PROGRAMS



Who may participate? Students males and females in grades 8 - 12. Prior hockey /skating experience is required. This program will accept 26 skaters and 4 goalies. International students are welcome to apply.

What is the cost? Fees are \$2695.00 (+ applicable taxes). See application for full payment details.

How to apply? Admission is by application only. Contact **Academy Director, Sam Mowat** c/o smowat2@shaw.ca or call (250) 550-4046 for an application package.

Application deadline is Friday, February 15, 2019

Need more details?

ON THE EDGE Premier Hockey Academy

Visit our Website: www.otehockeyacademy.com

Make sure to check us out on Facebook !!

2019/20

Hockey Skills Program

Elite Instruction - Academic Focus - Character Building

ON THE
EDGE
PREMIER HOCKEY ACADEMY



Students in grades 8 - 12 can earn physical education and hockey principles credits while attending the On The Edge Premier Academy, all during school hours. In cooperation with SD-22 and the excellent resource group at vLearn, OTE Academy is structured to ensure all distance learning regulations will be met. A fully certified high school teacher is integrated as a key member of the hockey academy team to ensure students understand and attend to their academic obligations.

Students will be properly exposed to a range of physical education curriculum in addition to the primary emphasis of hockey skill development.

Students enrolled in the OTE are also normally active with the GVMHA for their minor hockey experience.

GVMHA offers programs for players from House League through Representative Level.

Visit their link for full details www.vernonminorhockey.com/

On-Ice Hockey Learning Areas (Priest Valley Arena)

- Pro level hockey skills instruction
- Goaltending instruction (Travis Hoy)
- Power skating/edging techniques
- Leading edge and innovative tools for accelerating skills development
- Passing/playmaking in small area game situations
- "Heads up" puck possession/protection skills
- Shooting/scoring techniques
- Checking and angling concepts (no full body contact)

Off-Ice Learning Areas (Classroom & Gymnasium)

- Hockey career path planning
- SMART goal setting for the year
- Video analysis
- Game knowledge/positional play
- Mental preparation
- Nutrition education
- Stick handling/creativity
- Shooting and scoring skills
- Strength & conditioning
- Warm-up/cool down protocols

