

## **PAC Hot Lunch Program Information and Call for Volunteers**

**INFORMATION:** For parents new to the school FYI, Kidston School currently offers three lunch programs. The Lunch Mom's (an outsourced lunch provider) , pizza Thursdays and the **PAC Hot Lunch Program (always homemade and served in-house).**

**What we Serve:** **The PAC Hot Lunch Program** NEVER serves processed food. The PAC Hot Lunch program provides **homemade** meals using locally sourced produce, organic meat whenever possible, as well as bounty from the Kidston Garden.

**Weekly Service:** This year the PAC Hot Lunch Program will be offering a **WEEKLY** lunch service – **Every Wednesday, starting at the beginning of October.**

**Menu:** We have **NOT YET put out our menu**, stay tuned this will be coming out next week. Like last year we will be offering a variety of lunch offerings: **ALL of our menu items are made from scratch** including, soups, organic chili, spaghetti and organic meatballs, breakfast wraps, pizza (yep the crust is homemade); salad bars; Beef/rice bowl and more! Menu items are kept to a reasonable cost – approximately \$5.

**Who we are:** The PAC Hot Lunch meals are homemade and prepared by Dawn Guenette (Gramma D). A dedicated team of parent volunteers help prep. and serve lunch to your children's classroom each week. Proceeds from each meal go back to the PAC.

**Call for Volunteers:** With a weekly lunch service in 2018/19 we are looking for additional volunteers to help prep/serve meals. Shifts are every Wednesday 10:30-12:30 with a minimum once /month commitment. Also looking for a computer savvy back-end volunteer for marketing/posting our menus etc., which can be done from home. If you are able /interested in Volunteering please contact: **Christin at [kylechristin@gmail.com](mailto:kylechristin@gmail.com)**

*PAC Hot lunch Mission:*

*To provide a nutritious and appealing lunch program that educates and encourages children to enjoy healthy food choices in a sustainable renewable environment.*