



## **ALTERNATE LEARNING PROGRAMS**

**Open Door Education Centre  
CrossRoads Learning Centre  
Six Mile Education Centre**

Course offering for vLearn, Vernon Virtual Education and the Alternate Learning Programs located at Open Door Education Centre, CrossRoads Learning Centre and Six Mile Education Centre:

### **Foods and Nutrition 10**

The aim of the Foods and Nutrition 8 to 12 curriculum is to provide opportunities for students to develop the knowledge, skills, and attitudes that have immediate and future applications in their personal and family lives, as well as in local and global environments, including understanding the principles of healthy eating to plan and create nutritious foods for individuals, groups, and family members; increasing knowledge of the nutritional, social, and economic factors that affect food selection and preparation; practising and thinking critically about principles and techniques related to acquisition, production, and consumption of foods.