



ALTERNATE LEARNING PROGRAMS

Open Door Education Centre
CrossRoads Learning Centre
Six Mile Education Centre

Course offering for vLearn, Vernon Virtual Education and the Alternate Learning Programs located at Open Door Education Centre, CrossRoads Learning Centre and Six Mile Education Centre:

Physical Education 11

Physical Education 11 builds on the concepts of Active Living, Movement, Personal and Social Responsibility developed in earlier grades. Active Living provides students with opportunities to make appropriate choices and set personal goals that enhance their quality of life. Movement includes physical activities in the areas of; dance, games, and gymnastics as well as individual and team activities. Personal and Social Responsibility provides opportunities for students to acquire leadership skills and an understanding of the qualifications required to pursue careers related to physical activity.