

# PANTHERS



**ATHLETE PACKAGE**

This form is intended to give a brief overview of the athletic policy and philosophy at Vernon Secondary School. In addition, the expectations for each individual on the teams that represent our school will be outlined.

## PHILOSOPHY

- Teams in all divisions compete at the highest level possible
- Encourage full participation and dedication from our student athletes
- Improve knowledge and teaching methods of our coaches
- Encourage participation and full commitment from parents, administration, and teachers in the Athletic Program
- Promote the idea that having fun in athletics comes from hard work and commitment which, in turn, will lead to success

## POLICIES

1. All rules of conduct which are in effect at Vernon Secondary School are also applicable to all team members **at all times** that they are involved in a school sponsored activity. Please be aware that athletes **will not** be under direct supervision at all times. As secondary school students, it is expected that they can handle some freedom when traveling to different schools/communities. Check with your son's/daughter's coach for his/her individual travel policies.

2. Any athlete observed by the coaching staff or staff sponsor to be under the influence of alcohol or drugs while involved in a school sponsored event can:

Be sent home immediately with parental notification at the athletes expense  
Reported to the administration with possible police involvement and suspension from school  
Suspended from athletic competition

- Any athlete receiving a drug or alcohol suspension will be suspended from competing for the remainder of the season or 10 weeks from the time of the incident (whichever is longer). Athletes may be eligible to play sooner if it is their first offense and the following conditions have been met:
  - Meeting with the District Drug and Alcohol Counselor
  - Meeting with the coach(s) and AD
  - AD/Administration approval to participate

Note: A player may be ineligible to travel overnight with teams for the remainder of the school year.

3. On all school-sponsored functions, athletes should consider that they are representatives of the school.

4. On road trips, athletes are expected to be polite and courteous to everyone with whom they are in contact. Any complaints regarding behavior may result in the athlete being sent home, and being suspended from the team.
5. Athletes will exemplify the true spirit of sportsmanship towards officials, opponents, spectators and fellow team members.
6. In accepting the terms of team sportsmanship, players are subject to all reasonable directions from the coach or school sponsor. Failure to do so can result in suspension from the team.
7. Athletes are expected to be prompt for every practice, game and meeting.
8. An athlete participating in one activity or sport may not let another school sport interfere with their commitment to the in-season sport.
9. Once selected to a team, an athlete is expected to maintain a level of academic achievement, effort, and behavior consistent with the expectations of the school and the ability of the athlete.
10. It is the athlete's responsibility to let subject teachers know, in advance, of absences from class.
11. An athlete, who has an absence from school on the day of an inter-school competition which their team is competing in, will not be permitted to compete. Doctor/Dentist appointments, school functions and extenuating circumstances are an exception to the above policy. Being ill is not.
12. Athletes who are issued a Vernon Secondary uniform at the beginning of the season are required to maintain it, keep it in good condition and return it at the end of the season (clean and in good condition). Uniforms that have been damaged, destroyed or lost are the responsibility of the student who is issued the uniform. Every athlete will turn in a postdated cheque prior to receiving their uniform. The cheque will be cashed if the athlete doesn't return their uniform in proper condition.
13. An athlete must meet the eligibility requirement of the O.V.S.A.A and B.C.S.S.
14. Once the season has started, if a student decides to quit a team before the season is over, he/she should be aware that he/she may not be allowed to take part in any other Vernon Secondary team for the remainder of the school year. If a student quits, and would like to be reinstated, approval from the AD is required.
15. An athlete may be suspended from the team if he/she does not conform to the Athletic policies.
16. Team related decisions (cutting players, playing time etc...) are made by the coach. If a parent/athlete has any concerns regarding a decision made by the coach, please speak to the coach directly. If you are not comfortable doing that, contact the AD for assistance.

# VERNON SECONDARY SCHOOL ATHLETICS

## ATHLETIC FEES

Once again, our athletic activities have been divided into two categories: major and minor sports. **Major sports** include: Senior/Junior Volleyball and Senior/Junior Basketball, will be assessed a fee of \$230. **Minor sports** include: Grade 8 Volleyball, Junior B Girls Volleyball, Grade 8 Basketball and Cross Country, will be assessed a fee of \$130. Soccer and Rugby will be assessed a fee based on their schedules and travel.

If you are experiencing financial difficulties, please contact your coach or Athletic Director. No athletes will be turned away due to financial hardship.

### STUDENT ATHLETIC FEES HELP PAY FOR THE FOLLOWING:

- Team uniforms
- Sport Specific Equipment (balls, etc.)
- Repair of equipment
- Referee costs
- Scorekeeper costs

### COMMON REVENUE FEES HELP PAY FOR THE FOLLOWING:

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- BCSS Registration Fees
- First aid equipment
- Coaching expenses
- Officiating/Scorekeeping Costs

### TEAM SPECIFIC FEES WILL HELP PAY FOR THE FOLLOWING:

- Transportation costs
- Accommodation costs
- Tournament costs
- Team clothing costs
- Food costs
- Team registration fees
- Coaches Expenses/TOC Expenses

# VERNON SECONDARY SCHOOL ATHLETICS

## UNIFORM CARE

Athletes are given the privilege of wearing Vernon Secondary School uniforms when they participate on an athletic team. We presently have a routine of lending out our uniforms to athletes during the season, and then collecting them once the team is finished their season.

It is the responsibility of the athlete to keep his/her uniform in the same condition as it was received. Proper care of uniforms requires following these guidelines:

- a. **1. DO NOT, under any circumstances, bleach the uniform.**
- a. **2. DO NOT use liquid fabric softener.**
- a. **3. Wash uniforms in cold water (to hold the colour) and wash with items that are the same colour.**
- a. **4. DO NOT put the uniform in the dryer, PLEASE hang to dry.**
- a. **5. DO NOT iron jersey.**

There is a deposit for the uniform required. This cheque is post-dated and made out to VSS in case the uniform is not returned or it is damaged. If the uniform comes back, you'll get your cheque back:

- JR/SR Volleyball: \$150 cheque postdated December 20, 2018**
- 8/JR B Volleyball: \$75 cheque postdated December 20, 2018**
- Cross Country: \$40 cheque postdated December 20, 2018**
- Basketball: \$300 cheque postdated April 1<sup>st</sup>, 2019**
- Rugby: \$75 cheque postdated June 20<sup>th</sup>, 2019**
- Girls Soccer: \$75 cheque postdated June 20<sup>th</sup>, 2019**

I \_\_\_\_\_ have read the above information and agree to follow the guidelines for uniform care. If I lose or damage my uniform, I understand that I am responsible for the cost of replacing it.

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Athlete Signature

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Date

# Athletic Participation Consent Form

Dear Parent/Guardian:

Your son/daughter has expressed an interest in taking part in the Vernon Secondary extra-curricular athletics program. As the possibility of injury exists during participation on school sports teams, it is recommended that parents consider:

- A yearly medical check-up for their son/daughter
- Acquiring medical accident insurance coverage beyond the basic health plan. The school district circulates accident insurance for students at a minimal cost.

We ask for your cooperation in completing the consent from below. We look forward to providing your child with a rewarding and safe extra-curricular experience.

## Parent/Guardian Consent

Athlete's Full Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

Phone # \_\_\_\_\_

Family Doctor \_\_\_\_\_ Phone # \_\_\_\_\_

Medical # / Care Card # \_\_\_\_\_

Parent/Guardian's Name \_\_\_\_\_

Parent Guardian's Phone # (day) \_\_\_\_\_ (evening) \_\_\_\_\_

I permit my child \_\_\_\_\_ to participate in extra-curricular Athletics at Vernon Secondary School and have read the athletic policies contained in the Athlete Package. As teams frequently travel out of district (some requiring overnight stays), I give permission for my child to attend all home and away team activities both in and out of Vernon. Any medical concerns will be discussed with our family doctor and shared with my coach prior to my child's involvement in athletics.

**Please list any medical concerns:**

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\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Date**